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ABSTRACT OF THE DISCLOSURE

A method for grating fat cells from one part of a patient's body to another includes the steps of inserting harvested fat cells under the skin at a selected site and subjecting the graft area to a reduced pressure. The externally applied reduced pressure is then pulsated at a frequency of between about 70 cycles per minute and 1 cycle per 5 minute interval. A heart rate monitor may be provided and the frequency of the pulsated reduced pressure is matched to a patient's heartbeat. A method for stretching skin and apparatus for drawing fluids from adjacent tissue into a mass of implanted fat cells is also disclosed.